

**Giving Up Hurry • Week #2***Luke 19:1-10***Open:**

- Marking the pace of your life on the speedometer below, how fast are you going? Explain.

**Discuss:**

- How do you feel about Dallas Willard's observation that, "The great enemy of the spiritual life is hurry?"

Read together Luke 19:1-10 ...

- Describe the scene in your own words. What stands out to you? Surprises you? Challenges you?
- Consider the context of this passage by reading Luke 18:31-43. If you were Jesus where would your focus have been on this occasion? Why?
- What do we know about Zacchaeus? What would motivate him to seek out Jesus?
- How did Jesus fight hurry with Zacchaeus?
- Referring back to the speedometer above, where would you mark the speed of Jesus in this scene? Explain.
- What was the impact of the speed of Jesus here?

When the **Voice of Efficiency** says, "Move as quickly as you can through life. There's a lot to do and little time to do it."

**We can say,**

When the **Voice of Effectiveness** might say, "Oh, don't stand still. Keep talking to as many different people as you can. Networking is everything in this game."

**We can say,**

When the **Voice of Energy** might say, "Keep on pushing. Your ratings are climbing. Let's punch up the treadmill. You're on a roll! Don't stop!"

**We can say,**

Referencing our Lenten devotional booklet, what is one thought or idea from Dr. Eric Haskins's piece that especially intrigued, provoked, disturbed, challenged, encouraged, warmed, helped, or surprised you?

- When have you ignored Jesus and kept going toward your own goals?
- How does holding onto hurry hinder your life with Christ and others?
- How does giving up hurry grow your life with Christ and others?

### **Practices for the Week to Help You Give Up Hurry:**

#### **Practice giving up hurry through Sabbath or Slowing.**

See the additional handouts for these two formative practices in The Commons or download them from the resources for this week found here:

<http://www.cc-ob.org/smallgroups>.

#### **Meditate on giving up hurry by memorizing Matthew 11:28-30.**

#### **Readings that will help you give up hurry . . .**

- *The Life You Always Wanted*, by John Ortberg • Chapter 5 - *The Unhurried Life: The Practice of Slowing*
- *Sacred Rhythms*, by Ruth Haley Barton • Chapter 8 - *Sabbath: Establishing Rhythms of Work and Rest*

