



DENY.

Worship Well: Deny Dry Devotion

Exodus 17:1-7; Psalm 95; John 4:5-26; Romans 5:1-11

GETTING STARTED

- What is the first thing that comes to mind when you hear the word worship?
- Have you ever felt uncomfortable during worship? Do you know why?

READ AND REFLECT

Read Exodus 17:1-7 and Psalm 95

- What is the connection between these two scriptures?
- Your attitude of worship is “downstream” from your heart.
 - How would you describe the “attitude” in the Exodus passage compared to psalm 95?
 - Talk about how “what’s downstream” from your heart affects your worship?
 - How does your attitude impact your relationship with God and with others?

Read John 4:5-26. Describe the different tactics the woman at the well used to resist Jesus' invitation and teaching in the verses noted below.

- 4:9
- 4:11
- 4:12
- 4:20

Why do you think she did this?

Can you think of a time in your faith journey where you, or someone else, acted like the woman at the well?

Read John 4:23-24.

What is Jesus teaching us in this passage about worship?

ENGAGE and DISCUSS

Describe a moment of worship where you really sensed the presence of God? Was there something different about your worship, prayer or circumstances that invited God into that moment so powerfully?

Talk about how you connect with God. One style usually stands out above the others:

- Through my HEART. Connecting with God through fellow believers or small groups.
- Through my HEAD, connecting with God through knowledge, His Word, Bible study, etc.
- Through my HANDS, feeling God's presence through service, mission or helping others.
- Through my SOUL, connecting with God through experience, quiet, spiritual exercises.

The Hebrew word for worship is "barak" which comes from the root that means "to bow down or kneel," generally in humility and wonder before someone vastly greater than oneself.

Read Psalm 95:6. Do you feel your worship is characterized by a posture of "barak"? Is there anything holding you back?

NEXT STEPS

Read Romans 5:1-3. This passage sets up a dynamic tension between what we are ASSURED of, or what is COMPLETED by God, and how we must continue to grow. How we respond to these ideas tells us something about our posture of worship. Below is a list of scripture fragments from the passage reflecting what is "completed." Spend some time in prayer, reflecting on these phrases, and journal about what God is revealing to you about your personal spiritual growth.

Assurances / Completed

Spiritual Growth / Worship

- Justified through faith:
- Peace with God:
- Access by faith into His grace:
- Rejoice in the hope:
- Poured out His love into our hearts:
- Rejoice in our sufferings:
- Suffering produces perseverance:

Now that you have thought about how you worship (or connect best with God) and identified some places for spiritual growth, what are some practical ideas or disciplines you can lean into this week?