



Open

Where in your life do you feel most interrupted? By people? By media? Other?

How do you generally handle interruptions? With grace or frustration?

Do you ever view an interruption as an opportunity?

Discuss

Jesus was always on the move. It seemed like everywhere He went, He was being interrupted by someone or some challenge. Read the passage below from the Gospel of Mark.

As Jesus started on his way, a man ran up to him and fell on his knees before him. "Good teacher," he asked, "what must I do to inherit eternal life?" Mark 10:17

- Discuss the ministry of Jesus and His willingness to be interrupted.
- How willing are you to be interrupted in your life? Knowing that God is always up to something, will that change the way you view interruptions in the future?
- Do you feel there's space in your schedule for interruptions and are you in tune with those opportunities?

Read Psalm 100 out loud and then give yourselves a couple minutes of quiet time to reflect on the places where God has interrupted your life this past year with a blessing (something to be thankful for) or where the interruption provided you the opportunity to be a blessing to someone else.

Psalm 100 (NLT)

A psalm of thanksgiving.

- 1 Shout with joy to the Lord, all the earth!
- 2 Worship the Lord with gladness.
Come before him, singing with joy.
- 3 Acknowledge that the Lord is God!
He made us, and we are his.
We are his people, the sheep of his pasture.
- 4 Enter his gates with thanksgiving;
go into his courts with praise.
Give thanks to him and praise his name.
- 5 For the Lord is good.
His unfailing love continues forever,
and his faithfulness continues to each generation.

- As a group, discuss those blessings you recalled as you reflected on this passage. Share why you felt thankfulness or how you saw God on the move.

In a recent sermon, there was a quote read from a letter written by Sandy Towers. Sandy serves in our Children's ministry. Sandy's letter reflected on a profound discovery during her first battle with cancer. She shared with us how God needed to slow her down so she could discover who she was, and, so she could discover who God was.

- **Read** Psalm 100 again as a group. This time, take a few moments to quietly reflect on any "not so welcome" interruptions in your life this past year and reflect on any hidden blessings or discoveries that came about as your life was interrupted.
- As a group, discuss those "blessings," reflecting on either the blessing revealed, or the blessing that is yet undiscovered from that situation.

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose." Romans 8:28

- How do you respond to this passage?
- What do you think the Apostle Paul meant by saying, "who have been called according to his purpose"?

Extra:

Continue the conversation "We interrupt this Life" by reading Romans 8:18-30

- Go back over the passage one paragraph at a time, stopping at the end of each paragraph to unpack the rich revelations each of you discovers. God speaks to us in prayer. He also speaks through His word and through His people. Take your time, giving each member of the group an opportunity to allow the Spirit to speak through them.

Your Next Steps:

Take this week to read, pray and reflect over Psalm 100 and Romans 8:28. Pray that God will show you how to use this season to interrupt you and use you to accomplish things in you and through you.